

HOW TO REGISTER



On-line Registration @ www.sac.edu/cms with your MasterCard, VISA, or Discover.



FAX Registration with your MasterCard, VISA, or Discover. Complete the registration form on the inside back cover and FAX to (714) 564-0240.



Phone Registration with your MasterCard, VISA, or Discover. Call (714) 564-6594.



Mail-In Registration: Complete the registration form located on the inside back cover, include payment, and mail to:



Santa Ana College Community Services Program 1530 W. 17th Street, S-201 Santa Ana, CA 92706

In-Person Registration @ Community Services Program office located in the Administration Building, room S-201. See map on page 28.

CONFIRMATION:

Registration received by mail will be confirmed if you send a self-addressed stamped envelope. Registration received by phone and online will automatically receive a confirmation. If you do not receive a confirmation in 5 business days, call our office at (714) 564-6594. Non-receipt of confirmation does not warrant a refund.

REFUND & TRANSFER POLICY:

Refund and transfer requests must be made three (3) business days prior to the Event and are charged a \$10 processing fee per person. TRAVEL TOURS may be cancelled up to ten (10) business days prior to departure less a \$15 processing fee. A travel tour refund will only be issued if your space can be re-sold. Non-receipt of confirmation does not warrant a refund. A refund will not be issued after class is held.

DISHONORED CHECKS:

A \$25 fee will be charged for any returned check. In addition, an administration hold placed against your student records and a class stop will be issued.

PARKING POLICY:

Daily parking permits are required & available for \$2.00 (coin or dollar) in Lots 6, 7, 9, 11, & 12.

NONDISCRIMINATION POLICY:

The Rancho Santiago Community College District complies with all Federal and state rules and regulations and does not discriminate on the basis of ethnic group identification, national origin, religion, age, sex, race, color, ancestry, sexual orientation, or physical or mental disability, or on the basis of these perceived characteristics or based on association with a person or group with one or more of these actual or perceived characteristics. This holds true for all students who are interested in participating in educational programs and/or extracurricular school activities. Harassment of any employee/student with regard to ethnic group identification, national origin, religion, age, sex, race, color, ancestry, sexual orientation, or physical or mental disability, or on the basis of these perceived characteristics or based on association with a person or group with one or more of these actual or perceived characteristics is strictly prohibited. Inquiries regarding compliance and/or grievance procedures may be directed to District's Title IX Officer and/or Section 504/ADA Coordinator. RSCCD Title IX Officer and Section 504/ADA Coordinator: John Didion, 2323 N. Broadway, Santa Ana, CA 92706, 714-480-7489.

SPRING 2013

Community Services Program

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Community Services Staff

Terri Hawn Lithia Williams

Office Hours

Monday-Friday 9:00am-4:30pm

Call: 714-564-6594 **Fax:** 714-564-0240 **Web:** www.sac.edu/cms

ACTIVE ADULTS

THE BRAIN CLASS

Learn how to create healthier brain cells and be less forgetful and more focused. This class is a combination of educational lecture and seated activity that teaches secrets to a healthier brain. The chair exercises (recently featured on The Hallmark Channel) use simple rhythm, coordination, and synchronization to bring complex benefits to your brain. You won't get sweaty, but you will energize and invigorate your brain! A \$30 material fee is payable at the door for "The Brain Book—A Blueprint for Brain Fitness" and "Body Moves for Brain Power" DVD.

Debbi Harper is an author, presenter, creative director and speaker with 25 years experience in wellness programming and fitness instruction.

Event 71252 9:00a-12:00p Saturday **SAC B-11** 2/2 Fee: \$29/person 1 session Harper D

MIXED MEDIA DRAWING

This class is a comprehensive introduction to drawing and painting for art lovers. Students will have fun creating images with a variety of dry medium and watercolor pencils. Learn how to mix colors, create composition, and develop your own personal style. Class includes group discussions of the art in progress with artist Kyungsoo Lee. A supply list will be provided on the 1st day of class.

Kyungsoo Lee is an accomplished artist with over 30 years of experience.

SAC C-208 Event 70160 10:00a-12:00p Thursday 3/14-4/18 Fee: \$79/person Lee K 5 sessions (no class 3/28)

ACRYLIC PAINTING

This class explores the theory and practice of painting. Experience the joy of creating acrylic painting on canvas. Learn how to mix colors, mediums and paint application. Class covers basic painting techniques and demonstrates brush work. Open to all levels with individual guidance and live discussions with artist Kyungsoo Lee. A supply list will be provided first day of class.

Event 70165 10:00a-12:30p Thursday **SAC C-208** 1/31-2/28 Fee: \$79/person 5 sessions Lee K

BECOME A SUBSTITUTE TEACHER

College degree? Unemployed? Did you know that substitute teachers can earn \$172 per day based on a work day of 6.6 hours? Have you thought about substitute teaching while pursuing another career or working on a master's degree? This exciting new course shows you how! Once you have passed the CBEST exam that allows you to substitute teach, you'll learn how to get daily substitute assignments, obtain life insurance and medical benefits for you and your family, promote yourself to select schools, and become a requested substitute teacher. Learn the secrets of instant classroom control, and what to do when there are no lesson plans. In addition, learn the secrets to easily pass the CBEST test. A \$35 optional material fee is payable at the door.

Event 70371 9:00a-12:00p **SAC R-114** Saturday Fee: \$39/person 1 session Prosper C

VOICE-OVERS: YOU'RE ON THE AIR

Voice-overs are hot today! You don't have to be an actor to get voice-over work, but it certainly doesn't hurt! With such notable talent as Morgan Freeman, Glenn Close and Alec Baldwin lending their voices to commercials, films, and videos, one would think that it would be next to impossible to break into this field. Not so! In this class you'll learn about an exciting new way to work on your own terms and turn voice-overs into a thriving full or part-time business! Jon St. John, a successful broadcast and voice-over artist will introduce students to the voiceover business as a whole. He will talk about the numerous opportunities; discuss voice-over technique; the income potential; and the all-important demo and how to have it produced. You'll step up to the microphone to do some practice recording, and best of all, hear the results!

Jon St. John has over 30 years of broadcasting and voice-over experience.

Event 70397 3:00p-5:00p **SAC I-101** Saturday

4/27Fee: \$29/person 1 session Such A Voice

COMPUTER BASICS

Used a computer for years but never learned the basics? Never used a computer? Learn current computer terminology, identify computer components, proper use of USB/jump drives, file size measurement, and helpful tips to make using the computer easier and faster.

Event 70551 1:00p-5:00p **SAC A-226** 2/2 Saturday Fee: \$44/person 1 session **Dumon D**

Register day or night online @ www.sac.edu/cms









THE HEALTHY PANTRY

You've probably heard about the benefits of eating a plant-based, whole grain diet. Studies have shown this diet to be helpful in weight loss, diabetes management, lowering cholesterol levels and high blood pressure, as well as reducing your risk for cancer. This class will show you how to easily and inexpensively incorporate this healthy diet into your busy lifestyle. Using nutritious recipes that are satisfying and taste great, you will be inspired and motivated with yummy breakfasts, lunches, dinners and snacks. Join us for an interesting discussion, demonstration and preparation of meals with samples for you to taste or take home. A \$15 material fee is payable at each class to the instructor.

 Event 70569 2:00p-5:00p
 Saturday
 SAC T-212
 3/2

 Fee: \$29/person
 1 session
 Sobel B

CHAIR YOGA

This yoga exercise allows almost anyone to participate. Using a chair for seated and standing poses works to increase strength for joints and muscles. It's also great for flexibility, balance and circulation. Students will notice with proper breathing and spinal alignment, blood pressure can be reduced, a faster recovery from injury or surgery, better sleep, increased mobility and improved posture. Give it a try and make a difference in your life. **Wear loose clothing and bring water.**

Suzan Campbell has been teaching for over fifteen years at community centers. She has experience in ballet, jazz, tap, aerobics, karate, modern dance with yoga.

 Event 71244 10:00a-11:00a
 Wednesday
 SAC W-106
 1/30-3/6

 Fee: \$59/person
 6 sessions
 Campbell S

 Event 71245 10:00a-11:00a
 Wednesday
 SAC W-106
 3/13-4/24

 Fee: \$59/person
 6 sessions (no class 3/27)
 Campbell S

GOVERNMENT GRANTS & SUBSIDIES FOR RESIDENTIAL NURSING HOME ELDER CARE

how the long term healthcare system works, and how to legally make it work for you.

This workshop is designed to educate, clarify, and empower you with options and directions. Learn special laws that can eliminate spend down, forfeiture, penalties, and liens. Educate yourself and take that first step towards protecting your family, your home and your savings from the devastating cost of long term care. Millions of dollars in government funds go unclaimed and unused every year, only because people don't know they exist or how the application process works. This program is available for everybody who needs nursing home eldercare. Learn

 Event 70904 2:00p-4:00p
 Tuesday
 SAC I-101
 3/19

 Fee: \$25/person
 1 session
 Leiter C

 Event 70906 6:00p-8:00p
 Tuesday
 SAC B-17
 4/16

 Fee: \$25/person
 1 session
 Leiter C

Hey ACTIVE ADULTS 55+

check out our...

How to sell on eBay, page 8
Italian and French for Travelers, page 23
iPhone, iPads & I'm Lost, page 17
Travel Tours, page 26-27



ANIMAL CARE

PUPPY KINDERGARTEN

Start Your Pup Out on the Right Paw! Establish good manners at an early age and make your new puppy a more enjoyable family member and better citizen of his community! Geared for young puppies between two and five months of age, course emphasizes socialization and introduces basic commands and walking on a leash. Various puppy care topics such as housebreaking, teething problems, health care pointers, etc. are discussed. Awards are presented at the last class. The first meeting will be an orientation, WITHOUT PUPPIES.



Please bring vaccination records and \$10 insurance fee due to your instructor at first meeting.

Khara Knight is a member of the Association of Pet Dog Trainers and has been a trainer with Dog Services Unlimited for more than 12 years.

Event 71091 Fee: \$78/pers		Saturday	H Louis Senior Center 6 sessions	1/26-3/2 Knight K
Event 71092	8:30a-9:30a	Saturday	H Louis Senior Center	4/13-5/18
Fee: \$78/pers	on	•	6 sessions	Knight K
ĤL	ouis Senior Cer	nter, 11300 Sta	nford, Garden Grove (betw	reen 9th & Euclid)

DOG OBEDIENCE

Give your dog a new leash on life! This beginner-level course is open to all breeds of dogs over 5 months (larger breeds accepted at 4 months) Exercises will include the proper heel command, automatic sit, sit-stay and down-stay, stand for inspection, and come commands. Behavior problems such as destructive chewing, hole digging, and over-exuberance will also be addressed. Trophies and certificates will be awarded at graduation. The first meeting will be an orientation, WITHOUT DOGS. Please bring vaccination records and \$10 insurance fee due to your instructor at first meeting.

Khara Knight is a member of the Association of Pet Dog Trainers and has been a trainer with Dog Services Unlimited for more than 12 years.

 Event 70892
 9:30a-10:30a
 Saturday
 H Louis Senior Center
 1/26-3/16

 Fee: \$88/person
 8 sessions
 Knight K

 Event 70894
 9:30a-10:30a
 Saturday
 H Louis Senior Center
 4/13-6/1

 Fee: \$88/person
 8 sessions
 Knight K

H Louis Senior Center, 11300 Stanford, Garden Grove (between 9th & Euclid)

AROUND THE HOME & GARDEN

INTRO TO FURNITURE UPHOLSTERY

Students will learn the basic steps, terminology, and procedures required for beginning upholstery projects. This session will discuss procedures for projects that include dining room chairs, footstools, ottomans, or small bedroom chairs. The first class meeting is an ORIENTATION. A supply list will be provided in class.

Paul Dominquez has 15 years experience as a skilled upholsterer.

INTERMEDIATE UPHOLSTERY

In this workshop, full size chairs (no recliners) will be upholstered with instructor approval. Topics will include springing-up, types of springs and arms, cushion making & stuffing. Projects involving antiques or frames in need of repair will be at the discretion of the instructor. **Prerequisite: Intro to Furniture Upholstery.**

 Event 71236 6:00p-9:00p
 Wednesday
 SAC C-106
 4/10-5/8

 Fee: \$129/person
 5 sessions
 Dominguez P

PLUMBING REPAIRS

Learn how to safely troubleshoot and install faucets, sinks, toilets, garbage disposers, water heaters, bathtubs, showers, and major appliances such as dishwashers and clothes washing machines. Avoid expensive plumbers and repair plumbing problems yourself! Take the mystery out of a clogged drain and discover how to best clear it! New plumbing will be covered, including water supply pipes, valves, drain and waist pipes, natural gas piping and new materials such as PEX plumbing. Limited hands-on experience will be available.

hands-on experience will be available.

Event 70084 6:00p-9:00p Thursday SAC T-212 4/25-5/30

Fee: \$99/person 6 sessions Famolaro P

ELECTRICAL REPAIRS

Upgrade all your old outlets and switches. Repair your own home electrical problems and avoid expensive electricians! Learn how to safely troubleshoot and install electrical outlets, switches, dimmers, light fixtures, and ceiling fans. Discover the magic of a GFCI, AFCi, split-outlet circuit, and three-way and four-way switch circuits. Limited hands-on experience will be available. A supply list will be provided in class.

 Event 70082 6:00p-9:00p
 Thursday
 SAC B-17
 3/7-4/18

 Fee: \$99/person
 6 sessions (no class 3/28)
 Famolaro P

SOLAR POWERED ATTIC FAN

Solar powered attic fans are designed to reduce heat build-up and remove moisture in attics. It's commercial grade, heavy duty construction provides more power than other fans, better circulation, and improves airflow in attic space. Attic moisture causes mold and mildew and can cause attic insulation to lose its effectiveness. The solar powered attic fan is easy to

dew sy to te a balanced, ider installing

install; electricians, permits or inspections are not required. Solar attic fans help create a balanced, more energy efficient home. It also extends the life of common asphalt shingles! Consider installing a solar powered attic fan and qualify for Federal Tax Credit with local utility and municipality rebates. A \$15 material fee is payable in class.

 Event 70454
 9:00a-1:00p
 Saturday
 SAC I-107
 3/16

 Fee: \$44/person
 1 session
 Abdul Q

SOLAR POWERED WATER PUMP

Solar powered water pumps move water where it is needed for crops, live stock, and people. These systems are sustainable, cost-effective, provide low maintenance, and long-term water supply solutions. A \$15 material fee is payable to the instructor in class.



Abdul Q

4/20

Event 70455 9:00a-1:00p Saturday **SAC I-106** Fee: \$44/person

SOLAR WATER HEATER FOR SWIMMING POOL

Installing a solar pool heater can significantly reduce swimming pool heating costs. They are priced competitively and last longer than gas and heat pump pool heaters, with very low annual operating costs. Solar pool heating is the most cost-effective use of solar energy in many climates. Solar pool heating systems use direct and diffuse solar radiation. After installation, and proper maintenance these systems will last 10-20 years. A \$15 material fee is



payable in class. **SAC I-106** Event 70458 9:00a-1:00p Saturday 5/11

Fee: \$44/person 1 session Abdul Q

CONSTRUCTION FOR HOME IMPROVEMENT



Do you enjoy home improvement projects or working in construction? Participants will learn how to construct an entire building in accordance with the Uniform Building Code (UBC). Instruction includes concrete slabs and above-ground foundations, wood framing, roofing, insulation, drywall, and stucco. Students will receive limited hands-on training. A certificate of completion will be given on the last day of class.

Event 70320 6:00p-9:00p Wednesday 4/24-5/29 Fee: \$99/person 6 sessions Famolaro P

ARTS & CRAFTS

BEADS, CRYSTALS & SEMI-PRECIOUS STONES

This beginning jewelry design class will introduce students to basic jewelry construction. Learn designing techniques using bead wire, toggles, clasps, eye/head pins and hooks. Students will have a choice to create a necklace and earring set or necklace and bracelet set using beads, crystals or semi-precious stones. Students should bring a pair of the following tools to class: round nose pliers, chain nose pliers, wire cutters and crimping pliers (optional). These tools can be purchased at hardware or craft stores. A \$15 material fee is payable in class.



Brigitte Burns is a jewelry designer who enjoys teaching in Orange and Los Angeles Counties.

Event 70140 6:00p-9:00p SAC B-11 Thursday 2/7Fee: \$29/person **Burns B**

JEWELRY DESIGN-PEARL KNOTTING

Students will enjoy silk-knotting a necklace or bracelet into a one of a kind piece of jewelry. Several styles and techniques will be taught using glass pearls, silk cord and your choice of silver or gold tone clasps. Students should bring a pair of round nose pliers, wire cutters and chain nose pliers to class. These tools can be purchased at hardware or craft stores. A \$15 material fee is payable at the door. Brigitte Burns is a jewelry designer who enjoys teaching jewelry design in both Orange and Los Angeles Counties.

Event 70142 6:00p-9:00p Thursday **SAC B-11** 2/28 Fee: \$29/person 1 session **Burns B**

BASIC WIRE-WRAPPING

This hand-wiring class will teach you techniques to design and create beautiful jewelry at a fraction of the cost of retail. With simple wire-wrapping techniques learned in class you'll create a bracelet and earring set using sterling silver or gold filled wires to link semi-precious stones, beads or crystals. Students should bring a pair of the following tools to class: round nose pliers, chain nose pliers, wire cutters and crimping pliers (optional). These tools can be purchased at hardware or craft stores. A \$15 material fee is payable in class.

Brigitte Burns is a jewelry designer who enjoys teaching in Orange and Los Angeles Counties.

6:00p-9:00p SAC B-11 Event 70145 Thursday 3/21 Fee: \$29/person 1 session **Burns B**

REGISTER EARLY!

Classes may fill quickly or cancel due to low enrollment.

CREATIVE JEWELRY DESIGNING

Creating jewelry in this class requires some previous experience. At this level participants will learn how to coordinate and design a multi-strand or multi-drop design necklace using wire linking techniques. Develop your own style of jewelry with eye-pins, semi-precious stones, glass beads and crystals. Students will take home a necklace and earring set or a necklace and bracelet set. Students should bring a pair of the following tools to class: round nose pliers, chain nose pliers, wire cutters and crimping pliers (optional). These tools can be purchased at hardware or craft stores. A \$15 material fee is payable in class.

Brigitte Burns is a jewelry designer who enjoys teaching in Orange and Los Angeles Counties.

Event 70146 6:00p-9:00p Thursday SAC B-11 4/4
Fee: \$29/person 1 session Burns B

MIXED MEDIA DRAWING

This class is a comprehensive introduction to drawing and painting for art lovers. Students will have fun creating images with a variety of dry medium and watercolor pencils. Learn how to mix colors, create composition, and develop your own personal style. Class includes group discussions of the art in progress with artist Kyungsoo Lee. A supply list will be provided on the 1st day of class.

Kyungsoo Lee is an accomplished artist with over 30 years of experience.

Event 70160 10:00a-12:00p Thursday SAC C-208 3/14-4/18 Fee: \$79/person 5 sessions (no class 3/28) Lee K

STAMPING, CARDMARKING, SCRAPBOOKING

Come join us for a day of stamping, card making and scrapbooking. Discover creative techniques through textures, décor and layouts. Students will learn to emboss, embellish and distress ink several projects each week. All materials, tools and accessories will be provided. **A \$15 material fee is payable in class to the instructor.**

Catherine Koenig has 14 years experience designing and crafting.

 Event 70126 9:00a-12:00p
 Saturday
 SAC B-11
 3/9 & 3/16

 Fee: \$44/person
 2 sessions
 Koenig C

ACRYLIC PAINTING

This class explores the theory and practice of painting. Experience the joy of creating acrylic painting on canvas. Learn how to mix colors, mediums and paint application. Class covers basic painting techniques and demonstrates brush work. Open to all levels with individual guidance and live discussions with artist Kyungsoo Lee. A supply list will be provided first day of class.

 Event 70165 10:00a-12:30p
 Thursday
 SAC C-208
 1/31-2/28

 Fee: \$79/person
 5 sessions
 Lee K

 Fee: \$79/person
 5 sessions
 Lee K

WEDDING FLORAL DESIGNS

Students will learn the fundamentals of planning a wedding day. Topics include a consultation with the bride and groom, developing timelines, budget, contracts and more. Floral designs will include boutonnieres, corsages, bridal bouquets, flower girl and ring bearer flowers. Traditional and cultural decoration concepts for the church, reception hall, centerpieces, and table set-ups will be discussed. A \$65 material fee is payable in class to the instructor.

Event 70223 9:00a-4:00p Saturday Mina Wholesale Flowers 3/2 Fee: \$85/person 1 session Asadirad M

Mina Wholesale Flowers: 1918 E. Edinger Ave., Santa Ana

CANDLEMAKING

Aromatherapy is a holistic practice used in modifying behaviors, improving healing and relieving stress. Students will learn to infuse essential oils into 3-5 candles. Enjoy the illuminating fragrance of your candles or give them away as gifts. A \$20 material fee is payable in class to the instructor. Please dress accordingly.

Quayum Abdul has over 20 years of experience teaching in Los Angeles and Orange Counties.

 Event 70175
 9:00a-12:00p
 Saturday
 SAC T-212
 2/9

 Fee: \$29/person
 1 session
 Abdul Q

DO YOU HAVE A GREAT IDEA FOR A NEW CLASS?

We're always looking for teachers who have developed classes in:

Art & Crafts • Real Estate • Business & Careers • Dance, Health & Beauty • College for Kids

Mail a proposal to:

Santa Ana College-Community Services Program, Attn: Lithia Williams, Program Coordinator
1530 W. 17th St. Santa Ana, CA 92706

• Email: williams_lithia@sac.edu

SOAPMAKING

Do you love the sensual pleasure of beautiful aromatic soaps? Why not learn to make your own? It's easier than you think. Custom-made soaps are perfect for gifts, bathroom decor and people with sensitive skin. You will create 4–6 different soaps, layer colors, use molds, add fragrances, herbs or toys. Express your creativity in this hands-on class. Please dress accordingly. A \$15 material fee is payable at the door to the instructor.

Quayum Abdul has been teaching arts and crafts for 20 years throughout Los Angeles and Orange Counties.

 Event 71238 2:00p-5:00p
 Saturday
 SAC T-212
 2/9

 Fee: \$29/person
 1 session
 Abdul Q

ILLUSTRATION PAINTING

Color affects us all differently. With color you can set a mood, attract attention or make a statement. The principles involved are traditional painting techniques, color relationships, compositions, vocabulary, and designs. Students will learn how the power of color affects illustrations. A supply list will be provided in class.



Silvia Castellanos graduated from Cal State Long Beach In 2009 with a BFA in Illustration.

 Event 71222
 1:00p-3:00p
 Saturday
 SAC C-210
 2/2-3/9

 Fee: \$79/person
 5 session (no class 2/16)
 Castellanos S

 Event 71223
 1:00p-3:00p
 Saturday
 SAC C-210
 3/16-4/20

 Fee: \$79/person
 5 sessions (no class 3/30)
 Castellanos S

AUTOMOTIVE TECHNOLOGY

DMV APPROVED AUTO WHOLESALE BUSINESS

Come learn to make extra money buying and selling wholesale car as a home-based business; or, simply buy cars for your friends, family and co-workers at great wholesales prices. You can earn \$3000 just selling 3-4 cars a month. In this DMV approved course, you learn how to get your auto dealer license and how to operate a profitable used car business. Find out the how and where of buying at wholesale prices and how to sell at retail for very good profits. You'll get a FREE list of all the dealer-only auctions in the USA. You'll receive a DMV certificate of completion at the end of class. A \$15 material fee is payable at the door.



Ronald Wayne Williams has five years experience as an auto dealer owner and operator.

 Event 70312 6:00p-9:00p
 Wed., Thurs. SAC D-107
 3/20 & 3/21

 Fee: \$85/person
 2 sessions
 Williams W

BUSINESS & CAREERS

IDENTIFY YOUR PERFECT CAREER

Want to identify your perfect career? In this 3-hour workshop participants will discover how to bring their life s passion into focus. Learn how to unlock the dream within, identify new career possibilities, and create an action plan to guide you toward achieving your life goals. A \$20 material fee is payable at the door to the instructor.

Sue Montelone is a life and career coach with over 15 years educational and corporate experience.

 Event 70373
 9:00a-12:00p
 Saturday
 SAC F-102
 2/23

 Fee: \$39/person
 1 session
 Montelone S

OVERCOME FEAR OF PUBLIC SPEAKING

Is your public speaking anxiety limiting your personal, school or career goals? Join Performance Psychologist Dr. Nick Lazaris as you learn the essential skills necessary for controlling unpleasant physical and emotional reactions. Discover key techniques to reduce speech anxiety and gain confidence. You can turn your fear of public speaking into energized performances every time. A \$30 material fee for DVD, CD and workbook is payable in class.

Dr. Nick Lazaris is a Clinical Psychologist, Adjunct Professor at Biola University with over 30 years experience helping his clients achieve their absolute personal best in life, business and relationships.

 Event 71136
 7:00p-9:00p
 Monday
 SAC D-107
 1/28

 Fee: \$29/person
 1 session
 Lazaris N

REGISTER ONLINE Day or Night at www.sac.edu/cms

HOW TO SELL ON EBAY

Do you have rooms, closets, drawers and garages full of items you're holding on to? Are you paying storage on items that no longer fit in your home? Why not make money and help others at the same time? Learn business savvy approaches on how to organize, categorize, write posts, and sell your items on eBay.

Frances Greenspan teaches at various colleges and various cities in Orange County.

QUICKBOOKS ACCOUNTING

Gain a marketable business skill or take control of your business finances by learning the basic concepts of Quickbooks. Topics include: customers, vendors, items, invoices; cash sales receipts; accounts receivable & payable; check and credit card transactions; receiving and depositing payments; reconciling financial reports. QuickBooks Pro is an accounting software application designed for the non-accountant in mind. Some accounting knowledge is recommended but not required.

Mike Figueroa is a graduate of Cal State Fullerton, accounting firm owner, certified tax preparer with over 15 years experience.

 Event 70355
 6:00p-9:00p
 Thursday
 SAC A-222
 1/31-2/28

 Fee: \$89/person
 4 sessions (no class 2/14)
 Figueroa M

EARN EXTRA MONEY—BECOME A MYSTERY SHOPPER

Mystery Shopping is a splendid way to earn extra money and have fun at the same time. This is a great part-time job for students, retirees, and stay-at-home parents. This course will explain how mystery shopping works, what types of assessment forms are used, completing an assignment, and how to get into the "shopper's network". A \$20 material fee is payable at the door to the instructor.

Elaine Moran holds a Gold Certification from the Mystery Shopper's Providers Association and was nominated as one of the top three Mystery Shoppers in the country.

Event 70396 10:00a-12:45p Saturday SAC I-107 Fee: \$39/person 1 session

d 3/2 Moran E

SMALL BUSINESS BOOKKEEPING & TAXES

Bookkeeping is a step-by-step approach to recording daily operational financial transactions in a small business organization. Students will learn how to set up accounting journals, analyze, interpret financials, and prepare financial statements. Topics include: accounting principles, budgeting, accounts receivables, expenditures, accounts payable, payroll, and preparation of Federal taxes for a small business. The course concludes with a Federal tax workshop presented by the Internal Revenue Service!

Felix Famolaro has an accounting degree and MBA studies from California State University, Fullerton.

 Event 70462
 6:00p-9:00p
 Monday
 SAC D-109
 2/25 & 4/1

 Fee: \$99/person
 6 sessions
 Famolaro P

CASH IN WITH A SUCCESSFUL HOME-BASED BUSINESS

Are you tired of working for someone else? Do you need to increase your income? Turn your talents and hobbies into profit at home by learning how to start a part-time or full-time home-based business. During this comprehensive workshop, only offered once a year, you will discover many details including: 100 home business ideas, mandatory legal documentation, effective ways to market your product or service, taking tax deductions (including this workshop), and free future individual Q & A opportunities. If you want to succeed in a home business, this step-by-step workshop is a must! A \$20 material fee is payable at the door.

LeeAnne Krusemark is a journalist, author, a Chamber of Commerce past president, and owner of an award winning public relations business.

 Event 70394
 6:00p-8:00p
 Tuesday
 SAC B-17
 2/5

 Fee: \$29/person
 1 session
 Krusemark L

MAKE MONEY TYPING/WORD PROCESSING BUSINESS

If you can type, then you can make money at home using your computer. Following a review of the steps necessary to start a profitable, legal business at home, you will then discover the secrets to success in the word processing business. Prerequisite: How to Cash In With A Successful Home-Based Business. A \$10 material fee is payable in class.

 Event 70395
 8:00p-9:00p
 Tuesday
 SAC B-17
 2/5

 Fee: \$15/person
 1 session
 Krusemark L

Register day or night online @ www.sac.edu/cms









ONLINE WORKSHOPS

Update your skills, discover a new talent or chart a career path at your own pace and convenience with our ONLINE COURSES.

Courses begin January 16th, February 20th, March 20th, April 17th and May 15th for 6 weeks consisting of 12 lessons. Two lessons will be provided each week on Wednesdays and Fridays.

Requirements: Internet access, E-mail address, Netscape or Microsoft Internet Explorer web browser, and the appropriate title software. For class descriptions, additional requirements, and more information, go to:

http://www.ed2go.com/saccomserv

Register by mail, phone, or fax using Master Card, Visa, or Discover prior to course start date.

Attend orientation at: http://www.ed2go.com/saccomserv

The day your course begins, return to: http://www.ed2go.com/saccomserv

COURSE CATEGORIES OFFERED:

- · Accounting & Finance, Business
- · Computer Applications, Design & Composition
- Healthcare & Medical, Language & Arts
- Law & Legal, Personal Development
- · Teaching & Education
- · Technolgy, Writing & Publishing



GETTING PUBLISHED

Did you know that Stephen King was rejected more than 75 times before he sold his first novel? If your goal is to become a published freelance writer, this comprehensive workshop will guide you to the editor's desk. Learn how to become a published writer, submit manuscripts the correct way, and write an irresistible query letter. Discover over 100 ways to make money as a freelance writer. **A \$20** material fee is payable at the door.

Event 70392 3:00p-5:00p Fee: \$29/person

Tuesday

SAC B-17

Krusemark L

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9/5

MEET THE PUBLISHER

Have you ever wanted to talk to a real publisher? This class will explain the pros and cons of mainstream publishing, self-publishing options and the critiquing process. Following a short, fact-filled lecture and Q&A you have the option of having your poetry, articles, short story, novel, children's book, etc professionally critiqued. Students may leave a copy of their work with the instructor for a written assessment of their manuscript along with a list of publishers. An optional \$50 fee will be charged for these services. A \$10 material fee is payable at the door for a detailed workbook.

Event 70393 5:00p-6:00p Fee: \$15/person Tuesday

SAC B-17 1 session 2/5

Krusemark L

MAKE MONEY USING A COMPUTER

Did you know that there are more than 120 different businesses that you can operate from your computer? You don't need a big investment to start any of these businesses. Get the information in this seminar which will show you which businesses are hot and how you can take advantage of them. This course includes training on how to expertly set up and operate a legally compliant home based business that will allow you to make money your own way. A \$30 material fee is payable in class.

Nancy Miller is a writer, teacher, public speaker, and a world traveler who lectures on a variety of business, entrepreneurial, and motivational topics.

Event 71160 6:30p-9:30p Fee: \$39/person

Monday

SAC A-214 1 session

Rounds, Miller & Assoc.

2/25 & Assoc.

BECOME A SUBSTITUTE TEACHER

College degree? Unemployed? Did you know that substitute teachers can earn \$172 per day based on a work day of 6.6 hours? Have you thought about substitute teaching while pursuing another career or working on a master's degree? This exciting new course shows you how! Once you have passed the CBEST exam that allows you to substitute teach, you'll learn how to get daily substitute assignments, obtain life insurance and medical benefits for you and your family, promote yourself to select schools, and become a requested substitute teacher. Learn the secrets of instant classroom control, and what to do when there are no lesson plans. In addition, learn the secrets to easily pass the CBEST test. A \$35 optional material fee is payable at the door.

Event 70371 9:00a-12:00p

Saturday

SAC R-114

2/2

Fee: \$39/person

1 session

Prosper C

ONLINE CAREER TRAINING PROGRAMS



Santa Ana College, in partnership with Gatlin Education Services (GES), offers online open enrollment programs designed to provide the skills necessary to acquire professional level positions for many in-demand occupations.

Each program includes a set of lessons; grades are a combination of the instructor/mentor's evaluation of students' work and computer graded tests. We know you'll appreciate the quality as well as the convenience of anytime, anywhere learning!

Please note: Once the course is accessed either by requesting materials or viewing lessons, there are no refunds.

Select a Career Training Program by visiting: http://www.gatlineducation.com/saccomserv/

Business & Professional • Healthcare & Fitness • Hospitality & Gaming IT & Software Development • Management & Corporate • Media & Design Skilled Trades & Industrial • Sustainable Energy & Going Green

BECOME A NOTARY PUBLIC

Start your own business, become a more valuable employee, provide customer service for your business or organization, earn additional income and get recommissioned. This intensive one-day seminar is designed to equip you with everything you need to know to become an effective Notary. You will find out about new legislation as well as how to pass the official Notary exam (must be taken every 4 years), identify document signers, keep a journal, fill out certificates and avoid lawsuits. The class includes a practice Notary Public Exam. A \$30 manual fee is payable to the instructor. PLEASE NOTE: Arrive early. Due to State regulations, no one will be admitted to the classroom after 8:30 a.m. You must be on time when returning to the classroom from breaks.

Notary Public Seminars, Inc., has been a leading public course provider in California for 15 years.

Event 70400 8:00a-6:00p Saturday SAC R-124 4/6 Fee: \$85/person 1 session Notary Public Seminars, Inc.

NEW/RENEWING - NOTARY EXAM INFORMATION				
Registration:	4:00 – 5:00pm	Requirements:	Legal resident of California (military excluded)	
Exam:	5:00 – 6:00pm	Photograph:	2x2 passport color photo	
Payment:	\$40 check payable to Secretary of State	Age:	18+	
Identification:	Valid Driver's License or state issued ID with photo	Materials:	#2 pencil	
Live Scan Fingerprints required after you pass the exam.				

RENEWING NOTARIES-3 HOUR STATE REQUIRED

Renewing Notaries may take a three hour Approved Notary Refresher course. We will review all laws and regulations you are required to know to continue as a Notary. You must take the exam and be fingerprinted again. A 6 hour approved course must be taken first without a lapse in your commission." Commission is valid for 4 years. Serious conviction may disqualify applicant. A \$30 material fee is payable in class to the instructor.

Event 70401 12:45p-6:00p Saturday SAC R-124 4/6 Fee: \$49/person 1 session Notary Public Seminars, Inc.

BECOME A LOAN SIGNING AGENT

California's real estate industry is in need of notaries and others who are interested in becoming loan document specialists. Topics will include: how to contact the most lucrative and profitable businesses, primary contacts, getting signed with successful services and agencies, and how to develop and build your own business. Learn to properly notarize loan packages. We will discuss how to negotiate your fee and advertise yourself in your market. Receive a free listing of 50 loan-signing companies that are looking for notaries. Participants awaiting Notary commission and/or exam results may register. A \$40 material fee for a resource book is payable at the door. An optional certificate of completion is available for \$20.

Event 70461 9:00a-4:00p Saturday SAC I-106 4/27 Fee: \$89/person 1 session Notary Public Seminars, Inc.

REGISTER ONLINE Day or Night at www.sac.edu/cms

CART VENDING

Discover the lucrative business of cart vending. By selling food, souvenirs, and seasonal memorabilia you can earn \$60,000 a year working part-time. Discussions include: locating prime locations, bookkeeping and taxes, licenses and permits, health department regulations and commissary requirements, product sources and pricing. This is a great time to invest in a low cost, low risk, all cash business. A \$25 material fee is payable at the door.



Event 70463 6:30p-9:30p Fee: \$39/person

Thursday 1 session

SAC I-108

Konstant E

BECOME A CHILD VISITATION MONITOR

Make a difference in the life of a child. Consider a career as a professional Child Visitation Monitor. The courts often require scheduled, monitored visits between a child and a non-custodial parent. Learn stages of child development, different forms of violence, reflective listening and neutrality. Topics covered: basic principles and practices of supervised visitation; defined and neutral role as a monitor; proper and effective parental visits; the child's best interest and safety; how to handle separation and termination of visits; and more. A \$40 material fee for workbooks and certificate of completion is payable in class to instructor. Must be 21 years of age or older and able to provide a clean Live Scan background check for employment in this industry.

Event 70399 9:00a-6:00p

Saturday

SAC I-109

3/2 & 3/9

Fee: \$199/person

2 sessions

Notary Public Seminars, Inc.

ADVANCED SUPERVISED VISITATION

Now that you know the "what," this workshop will show you "how". You'll participate in solving difficult monitoring scenarios and create the best solution for all parties. Our hands-on program will teach you how to set boundaries using information from your intake form and when it's appropriate to conclude a visit early. You will also develop skills to analyze court

documents, fill out required government forms, and learn the trick to writing flawless reports. Finally, we will prepare you to enter the job market starting with a successful resume, website building options, and where to find grant money to build your own monitoring agency. A comprehensive 30 question exam will be given at the end of the class. A \$20 material fee is payable at the door. Certificate of

Event 71327 9:00a-6:00p

Saturday

SAC I-109

03/16 Notary Public Seminars, Inc.

Fee: \$99/person

1 session

HR CERTIFICATE PROGRAM

Participation will be issued upon completion.

This comprehensive, practical, three part Human Resources Certificate Program is designed to provide an in-depth look at three key human resource functions essential to the current or aspiring human resource practitioner. One of the biggest challenges California managers face today is the very real threat of employment litigation. A significant percentage of employment litigation occurs during hiring, managing performance and termination of employees. Learn practical ways of effectively handling these HR challenges. A \$5 material fee is payable in class for a certificate of completion

Event 70459 9:00a-1:00p Fee: \$129/person

SAC I-107

2/22 & 3/1

Pratt A

SEXUAL HARRASSMENT TRAINING

California law requires employers with 50 or more employees to provide sexual harassment prevention and awareness training to all employees who have supervisory responsibility.

This course is designed to meet the training requirement of at least two hours of interactive

training regarding prevention and correction of sexual harassment. Topics include: guidelines for prevention, critical information on harassment, workplace scenarios, and documentation of training attendance. Training must be provided to all supervisory employees every 2 years.

Allison J. Pratt is a human resources professional with more than 25 years of business experience and is president of Pratt & Associates.

Event 70460 1:30p-3:30p Fee: \$75/person

Friday

SAC I-107 1 session

3/1Pratt A

PARKING POLICY

Daily parking permits are required & available for \$2.00 (coin or dollar) in Lots 6, 7, 9, 11 and 12. Off site campus parking is free.

START MY OWN BUSINESS

This course is designed for the entrepreneur who wants to start their own business. Our course covers the most important topics that are clearly explained with emphasis on avoiding pitfalls. A \$10 material fee is payable in class.



Event 71228 6:30p-9:30p Fee: \$169/person Tuesday

SAC I-103 5 sessions 4/2-4/30 Ortiz A

GROW YOUR OWN BUSINESS

This course is for established business owners to help take your business to the next level. Strengthen your operations, seize opportunities and plan for the future. A \$40 material fee is payable in class.



Event 71229 6:30p-9:30p Fee: \$169/person Wednesday SAC I-201 5 sessions 5/1-5/29 Ortiz A

BUILD YOUR OWN BUSINESS WEBSITE

You can have your own Web site for as little as \$5 a month. This workshop requires no prior Web site development experience and is suitable for: beginners, experts, managers & web designers. You will learn to: Improve your business web site, analyze your needs and select the best design criteria, Make the site user friendly, Get a FREE shopping cart that only costs if sales are made, Promote your site, and link with search engines to make you visible. When you complete this seminar, you'll have the confidence and tools to create your own web site. A \$30 manual fee is payable in class to the instructor.

Event 71155 6:30p-9:30p

Monday

SAC D-107 1 session 2/25 Rounds, Miller & Assoc.

Fee: \$39/person
BECOME A FLORAL DESIGNER

Students will learn principles of flower arranging including composition and color coordination. Course will cover topics such as proper usage of mechanical supplies, handling of flowers and foliages, flower and foliage identification, pricing of arrangements, and proper design techniques. Students will learn merchandising, marketing and pricing for their own home based business. Upon completion of all appropriate classes, students will be proficient enough to find employment in the floral industry or to start and maintain their own home based business. A material fee of \$65 is payable to the instructor.



Mina Asadirad is an experienced floral designer and owner with 25 years teaching experience.

Event 70321 9:00a-12:00p Fee: \$65/person Saturday

Mina Wholesale Flowers 4 sessions 1/26-2/16 Asadirad, M

Mina Wholesale Flowers: 1918 E. Edinger Ave., Santa Ana

FLORAL DESIGNER II

Improve your technique and increase your technical knowledge in the floral industry. Students will learn balance, symmetry, proportion, scale, composition, depth and focal elements required for designing floral arrangements. Various styles for vase and modern arrangements will be covered including: triangular, round centerpiece, European and Oriental. Each week a new theme will be introduced. A \$65 material fee is payable in class to the instructor. Some experience or completion of Floral Design I is required.

Event 71240 9:00a-12:00p

Saturday

Mina Wholesale Flowers

4/13-5/4

4 sessions

Mina Wholesale Flowers: 1918 E. Edinger Ave., Santa Ana

Asadirad, M

MAKEUP 101

Fee: \$65/person

Makeup 101 is for people who want to learn the basic steps to be your own makeup artist. This class will educate you in makeup application and foundation selection, including a basic understanding of face shapes, bone structures, hues and what eye shadows to use. The class will cover day and evening looks, plus natural bold and trendy runway looks. You will learn how to correct and reshape brows, as well as how to apply eye lashes. You will learn blending techniques, shading and contouring to create the most glamorous looks. A step by step application will be supervised by the instructor. **Each student will receive a certificate of completion. A \$30 makeup kit fee is payable at the door. (Cash only)**

Michelle Jackson is one of Hollywood's leading celebrity makeup artists for Television, Vogue Magazine and Motion Picture.

Event 70370 2:00p-4:30p Fee: \$65/person Saturday

SAC T-212 1 session 4/20 Jackson M

REGISTER EARLY!

Classes may fill quickly or cancel due to low enrollment.

EARN MONEY TEACHING FITNESS TO 50+

Are you looking for a part-time job? There is a real need for qualified instructors in the older adult fitness market. The 50+ population is 40% of the US population and controls 60% of the wealth! Find your niche in this profitable business and start working! A \$30 material fee is payable at the door for DVD & CD.

Debbi Harper has been working in the fitness industry for over 25 years.

Event 71250 9:00a-12:00p Saturday SAC F-102 4/20 Fee: \$49/person 1 session Harper, D

ASSERTIVENESS SKILLS FOR SUCCESS

You can become a more effective communicator in your marriage, friendships and business relationships. Develop assertive communication skills, build your self-esteem and confidence, learn to say "No" without feeling guilty, and identify what you want and go after it. Learning to assert yourself will enhance your chances for happiness and success in everyday living. A \$30 material fee is payable to instructor at beginning of class, for book, CD and handout.

Dr. Nick Lazaris is a Psychologist and Adjunct University Professor. He has 30 years experience coaching, consulting, teaching and helping individuals achieve their best in life, business and relationships.

 Event 71134
 7:00p-9:00p
 Monday
 SAC D-107
 2/11

 Fee: \$29/person
 1 session
 Lazaris N

THREADING FROM A TO Z

Attention Beauty Professionals, Students, and anyone with an interest in the latest beauty trends! Introducing a new opportunity that is too good to miss- Threading A to Z! Learn how to perform the most sought after form of hair removal and eyebrow shaping in this comprehensive, hands-on course! Until now, it was virtually impossible to learn this Middle-Eastern/Indian tradition. Now the secret's out! Students will receive a threading kit, which contains all of the necessary tools for threading, as well as a certificate upon course completion. This is a great way to broaden your skills and stay ahead of the curve! The demand for threading practitioners continues to grow, so sign up today! **A \$10** material fee is payable to the instructor.

 Event 70391 6:30p-8:00p
 Monday
 SAC B-11
 3/18 & 3/25

 Fee: \$75/person
 2 sessions
 Mikhael S

GRANT WRITING FUNDAMENTALS

Take part in an informative hands-on workshop created for new and experienced grant writers. All individuals from executive directors to development officers will benefit by taking a detailed look at the grant writing process. You will learn how funding is announced, how applications are judged, and how to construct a winning proposal. A \$30 material fee is payable at the door.

Dr. John Drew is a graduate from Cornell University and has successfully written and received millions of dollars in grants.

 Event 70388 9:00a-4:00p
 Saturday
 SAC A-205
 3/2

 Fee: \$69/person
 1 session
 Drew J

PROFITABLY MANAGE RENTAL PROPERTIES

Looking to cash in on the sub-prime pricing? Planning on purchasing rental property? Thinking about property management as a new career? Buying low cost property and renting is a great way to create wealth and constant cash flow, but it can be tricky and non-productive. In this class you will learn how to: Keep the property profitably rented; Collect rents, enforce penalties and evictions; Decide whether to perform maintenance yourself or sub-contract it; Establish profitable rates for fees, rentals, and penalties; And much more. A \$35 material fee is payable to the instructor in class for a workbook and resource guide for managing and maintaining rental properties.

Pat Larkin, Irvine Property Mgmt has over 30 years in the real estate industry with special focus on property management, home building and land development.

Event 70390 6:30p-9:30p Monday SAC D-107 3/11 Fee: \$49/person 1 session Larkin, P & K

VOICE-OVERS: YOU'RE ON THE AIR

Jon St. John has over 30 years of broadcasting and voice-over experience.

Voice-overs are hot today! You don't have to be an actor to get voice-over work, but it certainly doesn't hurt! With such notable talent as Morgan Freeman, Glenn Close and Alec Baldwin lending their voices to commercials, films, and videos, one would think that it would be next to impossible to break into this field. Not so! In this class you'll learn about an exciting new way to work on your own terms and turn voice-overs into a thriving full or part-time business! Jon St. John, a successful broadcast and voice-over artist will introduce students to the voice-over business as a whole. He will talk about the numerous opportunities; discuss voice-over technique; the income potential; and the all-important demo and how to have it produced. You'll step up to the microphone to do some practice recording, and best of all, hear the results!

 Event 70397
 3:00p-5:00p
 Saturday
 SAC I-101
 4/27

 Fee: \$29/person
 1 session
 Such A Voice

TWELVE LAWS OF SUCCESS

This workshop is based on 12 powerful principles that will allow you to be what you want, do what you want, and have what you want including wealth, health, happiness and success. Topics covered: What are the 12 great laws of success; Why these 12 laws always work; How to achieve all of your goals; How to attract more money; How to become a creative problem-solver; How to discover your life's purpose; How to discover happiness and the joy of living; And more.

An optional \$30 material fee is payable at the door.

Charles Prosper author, entrepreneur, educator with 13 years experience.

 Event 70383
 9:00a-12:00p
 Saturday
 SAC R-114
 2/9

 Fee: \$39/person
 1 session
 Prosper C

CASH IN ON IDEAS & INVENTIONS

Want to learn the proven ways to cash in on your inventions? If your idea works, it's a GREAT idea but now you need to know-how to make money with it. People just like you are creating and selling their ideas and inventions for big money! If you want to secure the rights to your ideas and learn the proven way to CASH IN on your inventions, this program will show you how to: Make your invention intellectually safe and profitable; Protect your ideas with patents, trademarks, and copyrights; Evaluate your ideas for marketability; Find potential buyers for your invention and offer it for sale in the safest method possible. A \$30 manual fee is payable in class.

Event 71163 6:30p-9:30p Wednesday SAC D-107 2/27 Fee: \$39/person 1 session Rounds, Miller & Assoc.

SELF-PUBLISHING, E-PUBLISHING AND MORE

Learn how to get your book on the market quickly and easily! Publishing is easier than you think. If you want to be published, but don t know where to start, this class will give you the know-how to fulfill your dream of creating your own books, booklets, audio CDs and e-books. You will learn to: Use quick and easy methods to get your work published; Convert your book to an e-book for the iPad, Kindle and PDF formats for FREE; Upload your finished books and e-books to Amazon and other major chains; Offer it as a pay-per-download product from your Web site; Create podcasts and other saleable products; Use copyrights and trademarks to protect your work. Don't get left out - publish your book NOW and start profiting from it immediately! A \$30 materials fee is payable in class to the instructor.

Mike Rounds of Rounds, Miller and Associates, is a speaker, trainer and author with more than 200 published works.

Event 71175 6:30p-9:30p Wednesday SAC I-101 2/27 Fee: \$39/person 1 session Rounds, Miller & Assoc.

COLLEGE FOR KIDS & TEENS

EARLY READER (AGES 6-7)

This class is for students who have or will attend 1st or 2nd grade. Solid reading skills are the backbone of any student's academic success. This class will focus on building phonics skills, sight word vocabulary, fluency and comprehension. Students will have opportunities to engage in a variety of reading activities designed to address various learning styles, and increase foundational reading skills. A \$10 material fee is payable in class to the instructor.



READING DEVELOPMENT & COMPREHENSION (AGES 8-12)

Solid reading comprehension skills are the backbone of any student's academic success. This class will focus on fluency and comprehension. In addition to learning strong prereading skills, basic critical thinking, and how to use context clues, students will also have opportunities to engage in a variety of reading activities designed to address various learning styles. Students will increase their thinking skills as well as their ability to engage and interpret what they read. A \$10 material fee is payable in class to the instructor.

Event 70526 5:00p-6:00p Tues., Thurs. SAC I-104 4/9-5/2
Fee: \$89/person 8 sessions Alpine Tutoring

TIPS FOR PARENTS

- ➤ Students are expected to abide by the rules of conduct for SAC students.
- Supervision in not provided before or after class.
- ➤ Check your child into class and promptly pickup your child after class.
- ➤ Orient your child to the location of classrooms & restrooms.
- ➤ 30 minute Visitor Parking, Lot #3, is available to drop off & pick up students.

ENGLISH COMPOSITION (AGES 9-12)

Students will review grammar and language skills and learn techniques to write using systematic outlining and note taking. Topics include: sentence and paragraph construction, with an emphasis on spelling and using the right word or phrase. Listening exercises, brainstorming, and troubleshooting will involve students in the intuitive and creative process of writing. Students will dissect short stories to illustrate outlining benefits. Students should bring a notebook, pencil, and dictionary/thesaurus to class. A \$ 5 material is payable at the door.

Phyllis Neal was an instructor for 20 years in Orange County and is a private tutor.

 Event 70612
 10:00a-11:30a
 Saturday
 SAC I-202
 3/2-3/23

 Fee: \$59/person
 4 sessions
 Neal P

MINI CHEFS (AGES 8-13)

Nutrition, safety in the kitchen and healthy choices for everyday meals are important for children to learn. This fun-filled class will teach children to make healthier variations of foods they would normally eat. Menu ideas and recipes will be prepared at each meeting. Bring containers to take home leftovers, recipes and card holders will be given to each child. A \$10 material fee is payable to the instructor at each class meeting.

Sumati Ratanjee has been a registered nurse with over 20 years experience caring for the nutrition of patients.

 Event 70529 10:00a-1:00p
 Saturday
 SAC T-212
 3/2-3/23

 Fee: \$79/person
 4 sessions
 Ratanjee S

STUDY SKILLS (AGES 12-17)

Does your student have trouble figuring out what homework they are responsible for, how to complete it, where it is, how to keep it organized, and when it is due? Is he or she lost when it comes to test taking and test preparation skills? This course is designed to help students gain organizational skills needed to reach their academic potential, how to develop an individualized system tracking homework; strong test preparation skills, and a study environment that encourages focus and productivity. A \$15 material fee is payable to the instructor.

Event 70527 1:00p-3:00p Saturday SAC I-104 2/23 Fee: \$35/person 1 session Alpine Tutoring

SAT PREPARATION WORKSHOP (AGES 15+)

In this comprehensive preparation course, you will review all subsections of the SAT. Critical Reading Section consists of reading comprehension and sentence completions. The Writing section covers sentence, paragraph, and essay structure. The Mathematical Section reviews basic Arithmetic, Algebra, Geometry, student produced response, and calculator use. Learn valuable test taking strategies that include confidence building, reducing test anxiety, guessing tactics, pacing, and process of elimination. Each student will receive The Official CollegeBoard SAT Study Guide. Bring pen, pencil, calculator and sack lunch.



Anabel Arroyo is a UCI gradute and currently tutors high school and college students. Joel Sheldon is a math instructor at Santa Ana College and Irvine Valley.

Math Applications 9:00am-3:00pm Reading Comprehension 9:00am-3:00pm Writing Workshop 9:00am-12:00pm

 Event 70530
 Saturday
 SAC I-202
 4/13-4/27

 Fee: \$115/person
 3 sessions
 Arroyo A & Sheldon J

STELLAR COLLEGE APPLICATION ESSAY (AGES 15+)

Stand out from the crowd! This class is for high school students who are seeking to improve college admission chances by learning the art of the stellar college application essay. Students will learn to communicate their uniqueness and academic strengths in appropriate and compelling ways, as well as improve their writing fluency and organization. A \$5 material fee is payable in class to the instructor.



Event 70528 9:00a-3:00p Saturday SAC I-103 3/16 Fee: \$49/person 1 session Alpine Tutoring

ONLINE DRIVER'S EDUCATION (AGES 15+)

This course is an interactive, educational online course with the latest in animation, video and web technology. It sets the foundation for behind-the-wheel driver's training and is in accordance with the guidelines set by the California Department of Motor Vehicles. Course material includes: rules of the road, freeway driving, motorcycle & pedestrian safety, major causes of traffic collisions, alcohol & drugs, and much more. This course is a requirement for teens under 17 1/2 years old to obtain a learner's permit and driver's license. Upon successful completion, students will receive a DMV-approved certificate of completion. They will receive a FREE DMV study guide, courtesy of Safety Driver's Ed.

Event 70531 Sunday-Saturday Online Instruction Fee: \$55/person Safety Driver's Ed



COMPUTERS

COMPUTER BASICS

Used a computer for years but never learned the basics? Never used a computer? Learn current computer terminology, identify computer components, proper use of USB/jump drives, file size measurement, and helpful tips to make using the computer easier and faster.

Event 70551 1:00p-5:00pSaturdaySAC A-2262/2Fee: \$44/person1 sessionDumon D

MICROSOFT OFFICE APPLICATIONS

Word, Excel and PowerPoint are the most common applications used in business today. This class will help you to be a more productive user of these Microsoft Office applications. We will focus on creating professional looking PowerPoints and Word documents as well as making sure you can use Excel successfully. Software covered: The latest version of Microsoft Office suite - Word, Excel, & PowerPoint. To save files, students should bring a Jump/Flash Drive for USB port.

 Event 70549 9:00a-3:00p
 Saturday
 SAC A-224
 4/20

 Fee: \$79/person
 1 session
 Crowley, D

INTRO TO MICROSOFT EXCEL

This class will cover the proper techniques to create, format, and edit spreadsheets for both business and personal use. Learn to sort and calculate your data easily. Create a graphical view of your data such as pie, line, and bar charts with color and 3-D effects. Learn how to do all these features with easy shortcuts, menus, and wizards. Basic computer and word processing knowledge is recommended. Bring a USB/jump drive to class.

 Event 70553 1:00p-5:00p
 Saturday
 SAC A-226
 3/16

 Fee: \$44/person
 1 session
 Dumon D

INTRO TO MICROSOFT WORD

Learn the most efficient methods to creating, editing, formatting, and printing letters and other documents. Beginners as well as experienced Word users will benefit from learning shortcuts and tips to make word processing easier and faster to use for home and work. Bring a USB/jump drive to class.

Event 71416 1:00p-5:00p Saturday SAC A-226 3/23 FEE: \$44/person 1 session Dumon D

EMAIL, CALENDAR ESSENTIALS USING MICROSOFT OUTLOOK

Learn more efficient methods to composing and sending your e-mails, attaching photos and documents, how to organize your saved e-mails by using folders, maintain a clean inbox, backup your email, manage your contacts, and create group distribution lists. Maintain your calendar and schedule appointments with reminders. This class is helpful to beginners and novice e-mail users.

 Event 71417
 1:00p-5:00p
 Saturday
 SAC A-226
 3/2

 FEE: \$44/person
 1 session
 Dumon D

DIGITAL PHOTOGRAPHY

Don't just take snapshots! Learn how to operate and get the most out of your digital camera. Get tips on taking great portraits, sports shots, landscapes and video. Next you'll download your photos and retouch them using Photoshop. Finally students will use Windows Movie Maker to combine their video and still images into their own movie. Bring your digital camera, a flash drive, and, if possible, your camera's USB connector.

 Event 70547
 9:00a-3:00p
 Saturday
 SAC A-222
 3/16

 Fee: \$79/person
 1 session
 Crowley D



PHOTOSHOP FUNDAMENTALS

Photoshop is the most advanced photo and artwork manipulation program on the market today. Learn how to sharpen and color correct your photographs, combine two or more photos into one, use filters and add text with a personal touch. Basic computer knowledge is recommended. Bring a jump/flash drive for USB port to class.

Event 70532 9:00a-3:00p 3/9 **SAC A-222** Fee: \$79/person 1 session Crowley D

WEB DESIGN FUNDAMENTALS

In this workshop students will learn how to create a basic web page that will include links for email and linking other web pages, how to add a graphic image and how to add images to the background page. You will learn effective web design tips and techniques from an experienced web designer and instructor who run his own business. A \$10 material fee is payable to the instructor for a 4GB USB Drive with Web Design & Support Software.

Alberto Ortiz, MS is a graduate of Eastern Nazarene College in Quincy, Mass. Mr. Ortiz has been teaching technology for 8 years and brings over 30 years practical experience into the classroom.

Event 71230 9:00a-1:00p Saturday **SAC A-205** 1/26-2/9 Fee: \$89/person 3 sessions Ortiz A

IPHONES, IPADS, AND I'M LOST

Today's iPhone® and iPad® do so much more than simply make phone calls or send text messages. With either of these new devices you now have a computer, Web browser, eBook reader, personal organizer, and more - all in your hand! In this entertaining class, you will learn how to set up your iPhone® and/or iPad® for email, texting, WiFi networks, and Bluetooth and how to best sync with your computer using iTunes®. You also will discover how to



take terrific photos and send them to friends, install apps, and figure out the best apps to make your iPhone® and/or iPad® smarter. A \$20 material fee is payable in class.

Event 71098 6:30p-9:30p **SAC A-209** 2/28 Thursday Fee: \$39/person 1 session Cohen R

FACEBOOK, TWITTER, AND SOCIAL NETWORKING

Facebook, Twitter, LinkedIn and blogs have changed how people use the Internet. Whether you want to stay in touch with family and friends or learn how to leverage social networking for your business, this workshop is designed to give you an understanding of these exciting tools and how each one differs and can be used to its best advantage. Learn how the largest Social Networking rites and rite



Social Networking sites work, how to set up your account, how to find friends, family members, groups and establish connections with the most popular Social Networking services. A \$20 material fee is payable in class.

Event 71100 9:00a-12:00p Saturday **SAC A-205** 5/4Fee: \$39/person 1 session Cohen R

FACEBOOK AND SOCIAL MEDIA MARKETING

Learn effective Social Media marketing that gets results. Go beyond just being a user on Facebook and Social Media sites and learn how to get leads, find prospective clients, and pull people in-the-door using proven Social Media marketing methods and tools. You'll learn how to: create a Facebook Page for your business, create content that attracts Fans



M

and followers, and connect your Web site to Facebook. Find out how other businesses are using coupons, promotions, and contests to attract and build a Fan base and local listings and "check-ins." Get valuable information on marketing with other sites like Yelp, Foursquare and how to save hours of marketing time. Put together a marketing calendar and plan to take your Social Media activity to a new level for your business. A \$20 material fee is payable in class.

Event 71101 6:30p-9:30p **SAC A-209** Thursday 5/16 Fee: \$39/person 1 session Cohen R

IMPROVING PC PERFORMANCE

Speed up your PC and keep it free of spyware, viruses, old files and applications that can slow it down. Students will learn valuable tips and techniques that can help solve common computer problems and save you from long tech support calls or an upgrade that you do not need. This course will also cover the top ten things to know to keep your PC "tuned."

Includes information for Windows XP, Windows Vista and Windows 7 operating systems. A \$20 material fee is payable in class.

Event 71102 1:00p-4:00p **SAC A-205** 5/4Saturday Fee: \$39/person 1 session Cohen R

CONFIRMATION:

Mailed registration will receive a confirmation if a self-addressed stamped envelope is provided. Online or phoned in registration will receive a confirmation if an email address is provided. Non-receipt of confirmation does not warrant a refund.



SUSHI MADE EASY

Are you a sushi lover? Why pay big bucks for sushi when you can make it yourself? This class will teach the basics of how to make the perfect sushi rice, California rolls and other types of sushi. Join us for a cultural experience about ingredients and equipment needed to make sushi rolls. Spice up this dish with Wasabi and serve them as a great appetizer or main entree. Take your sushi rolls home or eat them in class. A \$20 material fee is payable in class.

Dave Sobel has been teaching basic sushi classes to beginners for 15 years.

 Event 70561 2:00p-5:00p
 Saturday
 SAC T-212
 4/6

 Fee: \$29/person
 1 session
 Sobel B

SPRING COOKING WITH TARLA

Come learn how to prepare a three course meal from Cordon Bleu chef Tarla Fallgatter. Students will sample mouth-watering recipes to take home and share with family and friends. A \$ 10 material fee is payable at the door.

Tarla Fallgatter, a Paris-trained chef, has been sharing her passion for fine cuisine with her students for over 10 years.

Event 70554 10:00a-2:00p Saturday	SAC T-212	2/23
Fee: \$29/person	1 session	Fallgatter T
Event 70557 10:00a-12:00p Saturday	SAC T-212	4/13
Fee: \$29/person	1 session	Fallgatter T

FLAVORS OF INDIA

Come and tantalize your taste buds with Indian Vegetarian Cooking from different parts of the country. You will learn how to prepare aromatic and flavorful Indian meals using a variety of spices. Each week new recipes for appetizers, entrees and desserts will be introduced. **A \$20 material fee is payable in class.**

Sumati Ratanjee enjoys cooking and teaching simple techniques of making Indian meals using exotic flavors of India

 Event 70565
 6:00p-9:00p
 Thursday
 SAC T-212
 4/11

 Fee: \$29/person
 1 session
 Ratanjee S

THE HEALTHY PANTRY

You've probably heard about the benefits of eating a plant-based, whole grain diet. Studies have shown this diet to be helpful in weight loss, diabetes management, lowering cholesterol levels and high blood pressure, as well as reducing your risk for cancer. This class will show you how to easily and inexpensively incorporate this healthy diet into your busy lifestyle. Using nutritious recipes that are satisfying and taste great, you will be inspired and motivated with yummy breakfasts, lunches, dinners and snacks. Join us for an interesting discussion, demonstration and preparation of meals with samples for you to taste or take home. A \$15 material fee is payable at each class to the instructor.

 Event 70569 2:00p-5:00p
 Saturday
 SAC T-212
 3/2

 Fee: \$29/person
 1 session
 Sobel B

CAKE POPS

Come create grab-able goodies on a stick. Replace your traditional sheet or tier cake with decadent cake pops. You will have fun dipping, decorating and assembling these sweet treats. A \$15 material fee is payable in class to the instructor.



Silvia Araceli Castellanos has a BFA in Illustration from Cal State Long Beach. Coming from an artistic background helps her incorporate art into baking.

 Event 70611
 9:00a-12:00p
 Saturday
 SAC T-212
 5/18

 Fee: \$29/person
 1 session
 Castellanos S

DANCE

SALSA BEGINNING I

In this class you will learn the fundamentals of salsa dancing, including timing, 9 different positions of basic step, weight change, body position, lead and follow, plus simple but fun dance patterns. No partner is necessary, as we will change partners frequently. Casual dress, tennis or soft soled shoes only; hard heels are not permitted.

Salomon, four time International and US Salsa Champion, has been teaching salsa for 20 years. plus a 3 time world salsa champion.

 Event 70619 6:45p-8:15p
 Monday
 SAC W-106
 2/4-3/18

 Fee: \$59/person
 6 sessions (no class 2/18)
 Rivera R

BELLY DANCE (AGES 16+)

Discover the exhilarating and very expressive art form of Belly dance while developing flexibility, grace and fitness. Students will be introduced to basic Arabic rhythms and movements that range from fast and dynamic shimmies to slow and sensual veil, cymbals and drum routines. Bring an exercise mat or towel to class. A \$20 material fee is payable in class for finger cymbals.

Miranda holds a degree in Dance from CSUF and has been a performer of Persian and Arabic styles of dance for most of her life.

 Event 70627 7:00p-8:30p
 Wednesday
 SAC W-106
 1/30-3/6

 Fee: \$59/person
 6 sessions
 Miranda

COME OUT SWINGIN' EAST COAST STYLE

Derived from the all American dance Lindy Hop of the big band era, East Coast Swing is easy to learn and loads of fun. It is very versatile and can be danced to a wide variety of music from Country to Night Club. No partner needed as we will change dance partners frequently. Casual dress, tennis or soft soled shoes only; hard heels are not permitted.

John Potter is a Dancesport Competitor who has taught in local dance studios and community colleges for many years.

Event 70614 7:00p-8:15p Tuesday Mendez Fundamental 2/12-3/19 Fee: \$59/person 6 sessions Potter J

Mendez Fundamental, 2000 N. Bristol., Santa Ana

CARIBBEAN & LATIN DANCE

Welcome to the beautiful world of Caribbean and Latin dances. In this workshop you will learn basic steps and moves of Salsa-L.A. style, Bachata and Cumbia. Partners are welcome but not required. Individual attention will be given to each participant.

Event 70624 6:30p-8:00p Friday SAC W-107 2/22-5/10 Fee: \$59/person 10 sessions (no class 3/29 & 4/19) Figueroa M

ADVANCE SALSA

Make the move to continue the fun! This class is for the participant who knows their basic, right/left turns and cross body lead of Salsa. You will learn performance routines, footwork, spins, wraps and turns. Partners are welcome but not required. Individual attention will be given to each participant. Casual dress, tennis or soft soled shoes only; hard heels are not permitted.

Miguel Figueroa, Jr is an experienced dance instructor and has been teaching for over 10 years throughout Orange and Los Angeles counties.

Event 70625 8:15p-9:45p Friday SAC W-107 2/22-5/10 Fee: \$59/person 10 sessions (no class 3/29 & 4/19) Figueroa M

SALSA BEGINNING II

This class combines basic steps with impressive eye-catching salsa patterns you will enjoy showing off at your favorite salsa club. Come learn this exciting and rhythmic dance while staying fit and having fun. No partner is necessary, as we will change partners frequently. Casual dress, tennis or soft soled shoes only; hard heels are not permitted.

 Event 70623 6:45p-8:15p
 Monday
 SAC W-106
 4/1-5/6

 Fee: \$59/person
 6 sessions
 Rivera R

NIGHT CLUB SLOW DANCE

In this session, we will explore two dances that provide a solution for what to do when the music is slow and romantic. Whether you are experienced or a beginner, these are great dances for weddings, special occasions and just having fun. Partners are welcome but not required. Please wear only casual dress, tennis or soft soled shoes.



M

Event 706177:00p-8:15pTuesdayMendez Fundamental4/16-5/21Fee: \$59/person6 sessionsPotter J

Mendez Fundamental, 2000 N. Bristol., Santa Ana

HEALTH, FITNESS & BEAUTY

MIXED MARTIAL ARTS

Train and work out in the diverse methods of this sport with a focus on strategy and technique as opposed to strength and power. Learn excellent methods of kicking, striking and grappling by drawing on the origins of these techniques from traditional sources with an atmosphere of respect and sportsmanship.

Master Mike Dunchok is a 5th degree black belt in Kuk Sook Kwan and has been teaching for over 25 years. Assistant instructor Tina Tsan has a 1st degree black belt and has been training for over 5 years.

Event 71232 4:00p-5:15p	Saturday	SAC W-111	2/2-3/16
Fee: \$59/person	•	6 sessions (no class 2/16)	Dunchok M
Event 71234 4:00p-5:15p	Saturday	SAC W-111	4/6-5/11
Fee: \$59/person		6 sessions	Dunchok M

YOGA—BODY & SPIRIT IN MOTION (AGES 16+)

Learn how to relax and get your body in tune with your mind. This beginning yoga class is designed to help both men and women learn postures that tone, firm and limber the body. Learn postures and exercises that help relieve tension, release stress and anxiety, give you more energy, help control weight, and improve blood circulation. Wear loose clothing and bring an exercise mat or towel to class.

Pamela Buonanotte has been teaching Hatha yoga since 1991 and has a private practice. Pamela trained at the Kushi Institute and at Ananda's Expanding Light Center.

Event 70739 6:00p-7:30pMondayMendez Fundamental2/25-4/22Fee: \$69/person8 sessions (no class 4/1)Buonanotte P

Mendez Fundamental, 2000 N. Bristol., Santa Ana

ZUMBA FITNESS

Join this Latin-inspired dance fitness program that blends red-hot international music. It's an exhilarating, effective, easy-to-follow calorie-burning dance fitness party that's moving millions of people toward fitness.

Event 70723 11:00a-12:00p	Saturday	SAC W-106	1/26-3/23
Fee: \$69/person	·	8 sessions (no class 2/16)	Rivera R
Event 70724 11:00a-12:00p	Saturday	SAC W-106	4/6-5/25
Fee: \$69/person		8 sessions	Rivera R

THE BRAIN CLASS

Learn how to create healthier brain cells and be less forgetful and more focused. This class is a combination of educational lecture and seated activity that teaches secrets to a healthier brain. The chair exercises (recently featured on The Hallmark Channel) use simple rhythm, coordination, and synchronization to bring complex benefits to your brain. You won't get sweaty, but you will energize and invigorate your brain! A \$30 material fee is payable at the door for "The Brain Book—A Blueprint for Brain Fitness" and "Body Moves for Brain Power" DVD.

Debbi Harper is an author, presenter, creative director and speaker with 25 years experience in wellness programming and fitness instruction.

 Event 71252
 9:00a-12:00p
 Saturday
 SAC B-11
 2/2

 Fee: \$29/person
 1 session
 Harper D

CPR/AED: ADULT, CHILD & INFANT

The ability to perform CPR properly is a lifesaving skill that everyone can benefit from learning. This American Safety and Health Institute (ASHI) course is OSHA approved and covers CPR and the Heimlich Maneuver for adults, children and infants. Participants will also learn how to use an AED (Automatic External Defibrillator). In addition, each participant will have his/her own 2 manikins on which to practice. Participants will receive a certification card which is valid for 2 years. Participants should bring a self-addressed stamped envelope, pen and a \$ 13 material fee (workbook,



certification card, supplies) to class. Please Note: This is not a Healthcare Provider level course.

Event 70716 12:30p-3:00p S	aturday SAC B-11	2/2
Fee: \$25/person	1 session	Bradley S
Event 70717 12:30p-3:00p Sa	aturday SAC B-11	5/4
Fee: \$25/person	1 session	Bradley S

REFUND & TRANSFER POLICY

- Refund & transfer requests are accepted 3 business days prior to class and are subject to a \$10 processing fee per person, per class.
- · Refunds are not issued after class is held.

BASIC FIRST AID

The American Safety and Health Institute (ASHI) course is OSHA approved and recommended for anyone interested in learning the basics when it comes to handling some of life's more common emergencies. This course covers how to treat bleeding, burns, shock and much more. Participants will receive a First Aid card valid for two years. Participants should bring a self-addressed stamped envelope, pen and a \$13 material fee (workbook, certification card, supplies) to class.

Event 70719 3:00p-5:00p Sat	urday SAC B-11	2/2
Fee: \$25/person	1 session	Bradley S
Event 70721 3:00p-5:00p Sat	urday SAC B-11	5/4
Fee: \$25/person	1 session	Bradley S

HEAD, NECK, SHOULDER MASSAGE

This hands-on stress relief workshop will focus on basic massage techniques used in a professional massage. Students will be taught a 30-minute massage routine to reduce tightness and minor aches and pains in high tension areas of the head, neck and shoulders. Students will practice massage techniques on each other. You will leave ready to practice on family, friends or clients. BRING a towel and wear comfortable clothing that will allow you to bare your neck. **A \$5 material fee is payable in class to the instructor**

 $Barbara\ Sobel\ is\ a\ certified\ massage\ the rapist\ and\ certified\ aromatherapist\ and\ currently\ teaches\ at\ The\ Lincoln\ Institute.$

 Event 70736
 2:00p-5:00p
 Saturday
 SAC I-101
 2/2

 Fee: \$39/person, \$59/couple
 1 session
 Sobel B

AN EVENING OF MASSAGE

Join us for a fun filled evening of good touch, great ideas and wonderful relaxation. Enjoy this class in a comfortable spa-like setting with dim lighting and relaxing music. Experience giving and receiving a head-to-toe massage. Couples attending together will practice together, singles will be paired with another single at the class. A light snack will be served between massages. Take home notes will ensure your continued success. Bring your partner, friend or just come yourself. Everybody who takes this class loves it! Participants should BRING 2 sheets and a pillow; wear comfortable clothing and bring a bathing suit. A \$5 material fee is payable to the instructor.



Barbara Sobel is a certified massage therapist and a certified aromatherapist. She is the Director of the Lincoln Institute of Body Therapy and has been teaching various community service classes for over 15 years.

 Event 70734 6:00p-10:00p
 Friday
 Lincoln Institute
 2/15

 Fee: \$39/person, \$59/couple
 1 session
 Sobel B

 Event 70735 6:00p-10:00p
 Friday
 Lincoln Institute
 4/12

 Fee: \$39/person, \$59/couple
 1 session
 Sobel B

Lincoln Institute 202 W. Lincoln Ave., Ste. A, Orange



OPEN COURT BADMINTON

Welcome to the World of Badminton! This course is for men and women of all playing levels. Students will learn game technique, terminology, rules and regulations while having fun, meeting new people, and strengthening skills. Teams will be organized to play single, double and mixed matches. The best thing is you don't need a partner to participate. **Students must bring their own racquet.**

 Event 70727 6:30p-10:00p
 Friday
 SAC G-105
 3/1-5/17

 Fee: \$29/person, \$44/couple
 10 sessions (no class 3/29 & 5/3)
 Tran C

Register day or night online @ www.sac.edu/cms









MAKEUP AND SKIN CARE

In this hands-on workshop, you'll learn step by step makeup application techniques that will enhance your beauty. Learn the best way to treat rosacea, age spots, dark under-eye circles and skin discoloration. Discover what to use for pesky fine lines and wrinkles. Whether you're a stay at home mom or a working professional, you will leave confident and ready to put your best face forward! A \$30 material fee is payable in class to the instructor. (CASH ONLY)

Event 70715 10:00a-1:00p Saturday **SAC T-212** 4/20Fee: \$45/person 1 session Jackson M

MEDITATION

Meditation is a powerful tool that can transform your life. Bring wellness, less stress, more energy and peacefulness into your daily life. Handle challenges with clarity and learn how meditation will help ground you physically, mentally, emotionally and spiritually.



Suzan Campbell has over fifteen years experience teaching meditation.

Event 70870	6:00p-7:00p	Thursday	SAC W-106	1/31-3/14
Fee: \$59/perso	on	•	6 sessions (no class $2/14$)	Campbell S
Event 70871	6:00p-7:00p	Thursday	SAC W-106	4/4-5/9
Fee: \$59/perso	on		6 sessions	Campbell S

FENG SHUI: WORK, HOME & YOU

Where we work and sleep profoundly affects our lives. Attending this fascinating seminar will give you insight and some workable solutions to many Feng Shui home and work challenges. A \$3 material fee is payable in class to the instructor.

Kathy Zimmerman has been successfully practicing and teaching Feng Shui for over 20 years.

Event 70852 6:30p-9:30p	Monday	SAC D-107	3/18
Fee: \$29/person	-	1 session	Zimmerman K

CHAIR YOGA

This yoga exercise allows almost anyone to participate. Using a chair for seated and standing poses works to increase strength for joints and muscles. It's also great for flexibility, balance and circulation. Students will notice with proper breathing and spinal alignment, blood pressure can be reduced, a faster recovery from injury or surgery, better sleep, increased mobility and improved posture. Give it a try and make a difference in your life. Wear loose clothing and bring water.

Suzan Campbell has been teaching for over fifteen years at community centers. She has experience in ballet, jazz, tap, aerobics, karate, modern dance with yoga.

Event 71244 10:00a-11:00a	Wednesday	SAC W-106	1/30-3/6
Fee: \$59/person	•	6 sessions	Campbell S
Event 71245 10:00a-11:00a	Wednesday	SAC W-106	3/13-4/24
Fee: \$59/person	•	6 sessions (no class 3/27)	Campbell S

OVERCOME ANXIETY AND PANIC

If you experience intense fear, rapid heartbeat, difficulty breathing, fear of losing control, dizziness, feel like you are going crazy or going to die, then join us to learn more effective ways to overcome anxiety and panic. You will learn: How to identify the underlying causes of panic and anxiety; The keys to developing more effective bodily responses to stress/ anxiety and; The secrets of powerful thought responses to stress. A \$30 material fee is payable in



class for DVD, CD, and handouts.

Event 71140 7:00p-9:00p **SAC A-214** 3/11 Monday Fee: \$29/person 1 session Lazaris N

LANGUAGE

SPANISH AT WORK (AGES 16+)

Learn basic Spanish, to use at work with this innovative course. This class applies unique methodology that emphasizes vocabulary for the work environment. Gradually acquire basic communication skills through listening and speaking at a survival level of proficiency, and build from it. Enjoy the benefits of reaching out to your co-workers, employees, and colleagues in their native language. Increase productivity and efficiency by enhancing communication as well as every day relations at your workplace! Be a pro at it and feel great about it. Instructor will assist you with specific vocabulary, tailored to your needs. A \$5 material fee is payable at the door.

Alicia Migliarini & Staff has over 10 years experience teaching Spanish.

Event 70875 7:00p-8:30p **SAC D-103** 2/5-3/12 Fee: \$69/person 6 sessions Migliarini A

REGISTER EARLY!

Classes may fill quickly or cancel due to low enrollment.

CONVERSATIONAL SPANISH

In this class you will learn to maintain and improve your communication skills in Spanish through listening and speaking. With basics of the Spanish language we will help you build a foundation to make conversation meaningful, fun and enjoyable! Enhance your fluency discussing and sharing topics in Spanish that will help you at work, school and traveling. **Open to high school students who need Spanish. Recommended book: Exploring Spanish, 2nd Edition, ISBN:0-8219-2404-4.**

 Event 70887
 7:00p-8:30p
 Tuesday
 SAC D-103
 4/2-5/7

 Fee: \$69/person
 6 sessions
 Migliarini A

FRENCH FOR TRAVELERS (AGES 16+)

Preparing to travel to France? This class will focus on practical conversational skills needed for travel to France. Learn practical sentences helpful for travel, ordering in restaurants, transportation, hotels, sightseeing and more. Emphasis will also be placed on proper pronunciation, practical grammar, and culture. A \$10 material fee is payable in class.



Event 70873 7:00p-9:00p Thursday SAC I-103 4/11-5/9 Fee: \$69/person 5 sessions Alpine Tutoring

ITALIAN FOR TRAVELERS (AGES 16+)

Preparing to travel to Italy? This class will focus on practical conversational skills needed for travel to Italy. Learn practical sentences helpful for travel, ordering in restaurants, transportation, hotels, sightseeing and more. Emphasis will also be placed on proper pronunciation, practical grammar, and culture. Andiamo! A \$39 material fee for Italian textbook is payable in class.

Event 708727:00p-9:00pMondaySAC I-2014/8-5/6Fee: \$69/person5 sessionsAlpine Tutoring



MONEY MATTERS & INVESTMENTS

RETIREMENT PLANNING TODAY

This hands-on workshop is a practical way, for both beginning and experienced investors, to evaluate and judge investment choices. Using real-life cases, attendees can learn the mechanics and potential returns of retirement investments, mutual funds, CD's, annuities, stocks, bonds, limited partnerships, and real estate. This class will cover strategies and techniques designed to help you: Learn if you can afford to retire; Recover losses and prevent further declines in your portfolio value; Build and protect your retirement nest egg; Increase the returns of your portfolio with safety; Save taxes, keeping more of what you earn; Evaluate which investments may be suitable for you. This workshop is for anyone who invest, or is thinking of investing in: IRA's, 401k's, 403b's, stocks, bonds, insurance, or mutual funds.

Event 71144 6:30p-9:00p Tuesday SAC D-102 3/5 & 3/12 Fee: \$44/person, \$66/couple 2 sessions O'Connell J

INVESTMENT BOOTCAMP

As you know, the key to successful investing is knowledge. This class is an excellent opportunity to obtain information you need to make wise decisions and protect your investment portfolio. You will learn the safety of your invested principal; manage risk effectively; reduce income taxes using tax-favored investments; protect your retirement accounts: IRA's, 401k's, pensions and more. Get insightful answers to practical questions regarding interest rates, oil and gas prices, the economy, real estate and the stock market.

Jalon O'Connell is a Registered Representative, General Securities Principal, and licensed Insurance Agent. Jalon teaches and lectures at numerous colleges throughout Southern California.

 Event 70889
 9:30a-12:30p
 Saturday
 SAC I-208
 2/23

 Fee: \$39/person, \$59/couple
 1 session
 O'Connell J

NAVIGATE SCHOLARSHIPS

There are \$3 billion scholarship funds available for college. This workshop will review terms, vocabulary, basic scholarship procedures, and how to develop a personal scholarship profile. Learn the components of a successful personal statement. There are plenty of financial resources available! Secure your financing early! Success starts with those who take action; after all, scholarships are the alternative to student loans. A \$10 material is payable in class to the instructor.

Stephanie Adams has over 15 years college experience assisting students in preparing personal statements for scholarships.

Event 71227 9:00a-12:00p Saturday Fee: \$44/couple (1 parent & 1 student)

SAC I-201 2 sessions 3/9 & 3/9 Adams S

REAL ESTATE

PROFITING WITH FORECLOSURES

There will be a huge transfer of wealth in 2012-2013! Discover how you can become part of that explosion by learning the best places to purchase bank-owned foreclosures. REO foreclosures are occurring at a record-setting pace in this unprecedented market. This seminar will show you how to find these properties before anyone else so you can gain a competitive edge. A \$25 material fee is payable at the door to the instructor.

Marshall Reddick has over 35 years experience in the real estate industry.

Event 70895 9:00a-4:00p Fee: \$49/person, \$79/couple

SAC I-201 Saturday 1 session

3/16 Marshall Reddick Staff

HOW TO ANALYZE A REAL ESTATE INVESTMENT

Saturday

How do you determine a good real estate investment vs a bad one? There are many different will learn: Formulas to Calculate; Determining Monthly Net Cash Flow; Annual Cash on Cash Returns; Total Return on Investment (ROI); How much should you not down: Can Page 1



Rent-to-Price Ratios; researching the Area and Neighborhood; The Top online resources to use and ones to avoid; How to talk to realtors and property managers in the area; How to obtain economic data on the city and neighborhood; How to find rent comps online; How to accurately determine the value of the home. A \$25 material fee is payable to the instructor in class.

Event 71149 9:00a-4:00p Fee: \$49/person, \$79/couple **SAC I-106** 1 session

4/13 Marshall Reddick Staff

REAL ESTATE INVESTING FOR BEGINNERS

This is the best time to purchase property since the Great Depression, with prices dropping 40 to 50 percent in the past three years and with interest rates at a 50-year low! The current economic climate means opportunity to take action. But it all begins with that first property. This class will give you all the basics of how to successfully buy your first investment property and start growing your net worth. A \$25 material fee is payable at the door to the instructor.

Event 70899 6:30p-9:00p Fee: \$49/person, \$79/couple Tues., Thurs. SAC I-206 2 sessions

2/19 & 2/21 Marshall Reddick Staff

COMO APLICAR Y CALIFICAR PARA REFINANCIAR Y MODIFICAR SU HIPOTECA BAJO LOS NUEVOS CAMBIOS EN LOS PROGRAMAS DE AYUDA DEL GOBIERNO

Información sobre los cambios más recientes en los programas auspiciados por el gobierno para aquellos propietarios que no están atrasados en sus hipotecas pero están enfrentando dificultades porque tienen pagos hipotecarios muy altos. Aún si debe más de lo que su propiedad vale en el mercado de hoy. Las nuevas reglas de elegibilidad, y fechas de expiración de estos programas. ¿Cuáles son los requisitos? Que opciones y alternativas hay disponibles si está enfrentando dificultades en hacer sus pagos hipotecarios. Como protegerse de las estafas hipotecarias. Como determinar evaluar, solicitar, preparar y negociar el proceso de ayuda en éstos programas.

Event 71196 10:30a-12:30p Saturday

SAC R-124

4/27Flores S

Fee: \$10/person

1 session

Register day or night online @ www.sac.edu/cms









COMO CALIFICAR PARA UNA VENTA CORTA-HAFA Y AUN SI TIENE FECHE REGISTRADA PARA UNA EJECUCION

Información sobre los cambios más recientes en los programas auspiciados por el gobierno para aquellos propietarios que no califican para una modificación, y están enfrentando o ya tiene fecha de ejecución hipotecaria registrada. Aún si debe más de lo que su propiedad vale en el mercado de hoy. Las nuevas reglas de elegibilidad, y fechas de expiración de estos programas. ¿Cuáles son los requisitos? Que opciones y alternativas hay disponibles si está enfrentando dificultades en hacer sus pagos hipotecarios. Como Pprotegerse de las estafas hipotecarias. Como determinar, evaluar, solicitar, preparar y negociar el proceso de ayuda en éstos programas y verificar que el banco no continúe con la deficiencia del balance hipotecario al término de la venta corta.

Event 71197 10:30a-12:30p Saturday Fee: \$10/person

SAC R-124 1 session

5/25Flores S

LOS NUEVOS CAMBIOS EN LOS PROGRAMAS DE ASISTENCIA DEL GOBIERNO PARA PROPIETARIOS DE CASAS OUE TIENEN PAGOS HIPOTECARIOS ALTOS

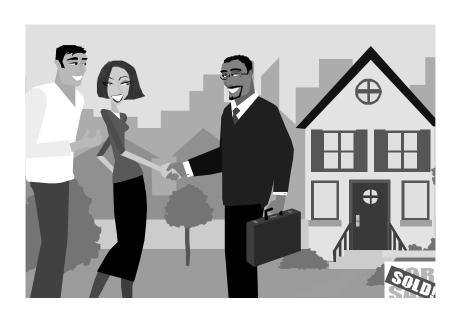
Información sobre los cambios más recientes en los programas auspiciados por el gobierno. Como negociar con el banco y solicitar la postergación de una ejecución hipotecaria si tiene fecha de venta registrada. Las nuevas reglas de elegibilidad, y fechas de expiración de estos programas. ¿Cuáles son los requisitos? Que opciones y alternativas hay disponibles si está enfrentando dificultades para hacer sus pagos hipotecarios altos. Como protegerse de las estafas hipotecarias. Como determinar, evaluar, solicitar, preparar y negociar el proceso de ayuda en éstos programas.

Event 71192 10:30a-12:30p Saturday Fee: \$10/person

SAC R-124 1 session

3/2

Flores S



DO YOU HAVE A GREAT IDEA FOR A NEW CLASS?

We're always looking for teachers who have developed classes in:

Art & Crafts • Real Estate • Business & Careers • Dance, Health & Beauty • College for Kids

Mail a proposal to:

Santa Ana College-Community Services Program, Attn: Lithia Williams, Program Coordinator 1530 W. 17th St. Santa Ana, CA 92706 Email: williams_lithia@sac.edu

TRAVEL TOUR INFORMATION

Trips & tours presented by Good Times Travel. Good Times Travel is a family owned, licensed tour operator with 20 years of service. Unless otherwise noted, local travel is aboard deluxe motor coach with professional tour escort. Minimum travel age 18.

PAYMENT: Day Trips: Entire fee due at time of booking. Multi-Day Tours: Deposit per person due at time of booking. Traveler will be contacted by Good Times Travel to arrange for payment of the balance.

CANCELLATION/TRAVEL PROTECTION:

Day trips refund requests must be received at least ten (10) business days prior to departure date, and will be granted only if your space is resold. Day trip fees and deposits paid to Community Services: Refunds to reflect \$15 processing fee per person. Tour fees paid to Good Times Travel: If travel protection has not been purchased, only recoverable funds less a cancellation charge of \$50 will be reimbursed once payment has been made. If travel protection has been purchased, you will receive a full refund (or partial if enroute), minus the cost of the premium. Note: Travel protection/ cancellation insurance for multi-day tours is highly recommended. Preexisting medical conditions are covered only if protection is purchased at time of deposit.

Due to unforeseen circumstances or weather conditions, day trips may be cancelled or services substituted. During the trip, if a participant does not abide to the scheduled departure and returning times, it is the participant's sole responsibility for return transportation.

All day trips will depart from RSCCD Parking Lot, 2323 N. Broadway, Santa Ana. PLEASE ARRIVE 15 MINUTES PRIOR TO DEPARTURE TIME.

FIT FOR A QUEEN: PRINCESS DIANA EXHIBIT ABOARD THE QUEEN MARY

ABOARD THE QUEEN WARKS

Today's experience can only be described as "Fit for a Queen!" First a docent-led tour of the elegant Bradford house, a modified Queen Anne Victorian-style home which is an excellent example of turn-of-the-century home. Built by rancher Albert Sumner Bradford in the early 1900s, highlights of the house include a ruby glass window, coved ceilings, handcrafted hemlock staircase and other delicately designed features. Next, enjoy an optional fine tea lunch on the famous Queen Mary or eat at one of the ship's various eateries. Onboard the ship, you'll tour the special exhibit, Diana: Legacy of a Princess that allows you to step in the shoes of the woman who changed the way we looked at a Princess forever. Diana's true essence is captured as her exhibit showcases a priceless collection of her gowns, dressing room display and other cherished treasures—this is one of the largest collections of Princess Diana memorabilia! Get an in-depth look at other major members of the British Royal Family, those who actually visited or sailed on The Queen Mary including King George V and Queen Mary, the Duke and Duchess of Windsor, The Queen Mother and Queen Elizabeth. Also, see designer sketches of Diana's gowns, handwritten letters from all the major Royals and more! There will also be time to browse the Queen Mary's public spaces and shops. Suggested: walking shoes.

Event 71200 9:15a-4:15p Saturday RSCCD Parking Lot 2/23 Fee: \$69/person, \$109 with tea 1 session Good Times Travel



SPACE SHUTTLE ENDEAVOUR

Spend a day at the California Science Center (after the massive initial crowds have died down) and be one of the first to see the space shuttle Endeavour up-close and personal! This is a very special and exciting opportunity as Los Angeles is one of four sites to receive

a space shuttle from NASA. Before viewing the orbiter, you will start with Endeavour: The California Story, an exhibit featuring images and artifacts showcasing the shuttle program in which the orbiters were built; components that flew into space with Endeavour, such as the potty, galley and the tires from STS-134, the space shuttle's final mission. Then, see the magnificent Endeavour space shuttle itself! You will also get the chance to explore video experiences and significant artifacts such as the Spacehab flown in one of Endeavour's shuttle missions. Prior, enjoy an included IMAX show (IMAX show to be announced). Lunch on your own at the California Science Center eateries or bring a sack lunch.

Event 71201 9:00a-4:00p Saturday RSCCD Parking Lot 3/30 Fee: \$59/person 1 session Good Times Travel

SPRINGTIME IN YOSEMITE

Yosemite is magnificent in the Spring! Renowned for its magnificent valley, great granite domes and peaks, waterfalls and peaceful meadows, Yosemite National Park is a national treasure. This 3-day getaway offers a truly wonderful combination of natural wonders, spring bloom and rustic elegance with two nights at the Tenaya Lodge —an elegant, 4-star



lodge resort among the pines offering an indoor pool and spa. Extensive guided sightseeing with a local guide during a full-day in Yosemite to see the beauty of El Capitan, Half Dome, the magnificent gorges, the tall pines and the spectacular waterfalls—normally overflowing this time of year. Ride the rails through the Sierra Nevada Forest's majestic woods aboard the historic narrow guage Yosemite Mountain Sugar Pine Railroad. Enjoy a traditional family-style Basque lunch in the Central Valley. Double occupancy/\$529 - Single occupancy/\$679. A \$100 deposit is required per person to secure your spot.

Event 71225 Sun., Mon., Tue. 4/28-4/30 Fee: \$100 deposit per person 3 day tour Good Times Travel

Once the private playground for the legendary actor John Wayne, the Wild Goose yacht

WILD GOOSE CHAMPAGNE BRUNCH CRUISE

is now open for you to enjoy an amazing day cruising through the beautiful ocean waters! Hop aboard the Wild Goose, have a seat at your table and sit back to drift off into paradise with relaxing background music as the entertaining Captain guides you on this 2-hour narrated cruise. Savor in a tasty buffet champagne brunch, complete with assorted salads, eggs, meats and seafoods, delicious pastries, a chocolate fountain and much, much more! Get a chance to gaze at Shirley Temple's and John Wayne's former million dollar residences. Three decks of gorgeous woodwork, priceless paintings, intricate carvings and unique amenities make a cruise aboard the Wild Goose a one-of-a-kind experience. After the cruise, enjoy some leisure time exploring one of Newport Beach's favorite locales- Roger's Gardens or Fashion Island; your choice, as our motorcoach will make a stop at each location.

Event 71202 10:30a-5:00p Sunday RSCCD Parking Lot 5/19 Fee: \$99/person 1 session Good Times Travel



MONTEREY & CARMEL BY RAIL

Ride along California's coast abroad Amtrak's Coast Starlight with the ocean and farmland as gorgeous backdrops. Take a movie tour and see 17-Mile Drive, Pebble Beach, the Lone Cypress and Cannery Row through the eyes of Hollywood as a local guide narrates you while watching movie scenes from sights seen onboard. Price includes deluxe hotel accommodations in Monterey; 7 meals (1 dinner, 2 lunches, 4 breakfasts; visit to the National Steinbeck family home in the Salinas Valley; wine tasting in the Monterey Wine Country and lunch at the Madonna Inn. **Double occupancy/\$669 - Single occupancy/\$869.** A \$100 deposit is required per person to secure your spot.

Event 71226 Sun., Mon., Tue., Wed. 5/19-5/22 Fee: \$100 deposit per person 4 day tour Good Times Travel

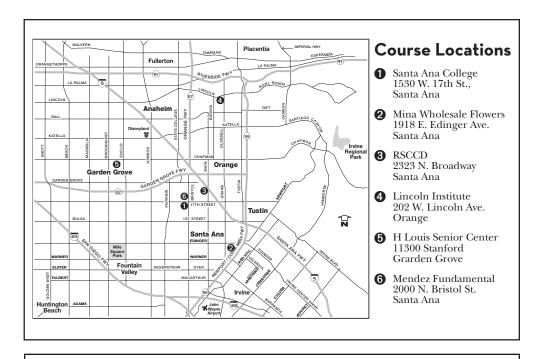
MARION DAVIES BEACH HOUSE

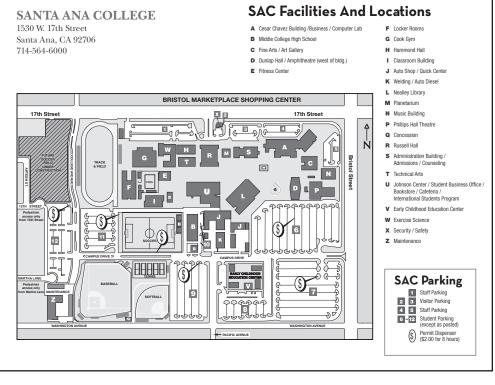
Embark on a docent-guided tour of the famed Marion Davies Guest Beach House, developed in the 1920s by William Randolph Hearst for actress Marion Davies! The original Marion Davies home is now the Annenberg Community House, a famed L.A. landmark. Originally featuring 100-plus rooms and an ornate marble swimming pool, the Beach House was a



hot spot when Hearst and Davies entertained luminaries from Hollywood such as Charlie Chaplin, Louis B. Mayer, Samuel Goldwyn, Greta Garbo, Clark Gable and other stars of the day. The original tile and beautiful moldings give a glimpse into the home's glamorous past that makes you feel as though you were a guest of Marion Davies herself! Prior, enjoy time at leisure for lunch and shopping at the Santa Monica Place or Third Street Promenade. Later, we will stop at the Santa Monica History Museum to see the interactive "Then & Now" exhibit and explore how Santa Monica's landscape has evolved. View newspaper headlines of Santa Monica's past and enter a replica of the under-construction middle section of one of Douglas' aircrafts. Suggested: walking shoes as there is a guided walking tour during the day.

Event 71203 10:00a-5:00p Saturday RSCCD Parking Lot 6/22 Fee: \$59/person 1 session Good Times Travel





PARKING INFORMATION

RSCCD requires parking permits for students and the public at Santa Ana College.

Daily permits should be placed face-up on your car dashboard. See campus map for Parking Permit Dispenser lot locations.

Daily parking permits are available for \$2.00 (coin or dollar) at Santa Ana College, Lots 6, 7, 9, 11 and 12.

SANTA ANA COLLEGE COMMUNITY SERVICES PROGRAM

REGISTRATION FORM

Mail to: 1530 W. 17th St., Santa Ana, CA 92706

Name	et		Email Ac	ldress		
Address						
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Phone: Busin	ess ()		Home ()		
Event #	Event Title	#	of Participants a	nd Names	Fee	Total
Check/Money	/ Order #					
Visa/MC/Disc	cover#			Exp. Date		
Authorizing S	ignature			3-digit sec	curity code	e
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